

## **CENTRE : NEURO LINGUISTIC PROGRAMME (NLP)**

### **REPORT OF THE YEAR 2016-17**

Our department started Neuro Linguistic Programme for our students from July 2016. This course is handled by Mr.Madhu Sathya Narayana Rao, Virtual Mentor, from Bangalore. Basic classes were started for our students. The main topics dealt with are as follows:

1. Goal Setting (Career Building)
2. Communication
3. Time Management
4. Stress Management
5. Positive thinking
6. Social education and corporate education
7. Influential Changes
8. Interview technique (Crash interview)



**Figure 1:Mr.Madhu Sathya Narayana Rao**

## REPORT OF THE YEAR 2017-18

Our department started Neuro Linguistic Programme for our students from July 2016. This course is handled by Mr.Madhu Sathya Narayana Rao, Virtual Mentor, from Bangalore. Basic level and advanced level classes were started for our students. The main topics dealt with are as follows:

1. Goal Setting (Career Building)
2. Communication
3. Time Management
4. Stress Management
5. Positive thinking
6. Social education and corporate education
7. Influential Changes
8. Interview technique (Crash interview)

Along with the basic level, twenty students were selected for the advanced level NLP course. Certificates are given to all the students.



**Figure 2: Advance level class**

## REPORT OF THE YEAR 2018-19

Our department started Neuro Linguistic Programme for our students from July 2016. This course is handled by Mr.Madhu Sathya Narayana Rao, Virtual Mentor, from Bangalore. Basic level and advanced level classes were started for our students. The main topics dealt with are as follows:

1. Goal Setting (Career Building)
2. Communication
3. Time Management
4. Stress Management
5. Positive thinking
6. Social education and corporate education
7. Influential Changes
8. Interview technique (Crash interview)

Along with the basic level, the representatives of the various classes were selected. Around 60 students were given certificates. For the valedictory session, a video feedback was taken and shared to all the students. This is for encouraging all the other students for improving their overall personality



**Figure 3: Personality development Class**