



**PROVIDENCE COLLEGE
FOR WOMEN**

(AUTONOMOUS)

COONOOR - 643 104

**2.3.1 Student Centric Methods (Experiential learning
/ Experimental learning/ participative learning /**

Daania Akil Sait of I MA English Literature had contested in National Level Literary Contests which was held at St. Aloysius College, Elthuruth, Thrissur in February 2022. She secured First Prize in Cover Design Competition.



**ST. ALOYSIUS COLLEGE, ELTHURUTH
THRISSUR 680611
INARA**

Rev. Dr. Fr. Babu Paul CMI Endowment Programme
Certificate Of Achievement

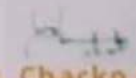
THIS CERTIFICATE IS PROUDLY AWARDED TO :

Duania Akil Sait

who secured First Prize in Cover Design Competition as part of INARA, Dr. Fr. Babu Paul CMI Endowment, National Level Literary Contests organised by the Research and PG Department of English, St. Aloysius College, Elthuruth, Thrissur in February 2022.


Ms. Susan Joshi
COORDINATOR


Dr. Betsy Paul C.
HOD


Dr. Chacko Jose P.
PRINCIPAL

**Report on the certificate course on Human Development conducted by
Dr Ajit Prasadam in association with the PG and Research Department of
English, Providence College for Women, Coonoor**

I would like to start with a little expression of gratitude to the Lord Almighty for blessing us with the acquaintance of Dr Ajit Parasadm. Sir, you came to our college for the first time on the 24th of February 2021. I remember all of us being excited the previous day about the session we were about to have. We were eagerly looking forward to the class especially because we were told that it would be on human development and psychology. A topic that interests us literature lovers. You met us during a crucial time. It was a time when most of us in the department were going through difficult times, grieving in the departure of our dear friend. Sir, I know that my duty is to deliver the report and not the vote of thanks but I cannot continue without extending to you my heartfelt gratitude for being the light and guiding us through our dark times. To be honest, we used to discuss the classes at Keswick among our peer groups and I bore witness to many lives that improved after your lectures. Thank you so much sir!

Coming to the official report

Our first class in the beautiful campus of Keswick took place on the 20th of March 2021. It was a Saturday morning and we had arranged to meet on all Saturdays. The 21 participants of the certificate course assembled at Keswick before 10 am. The student participants were accompanied by Dr Bhuvana, Head of the Department of English, Providence College for Women and Dr Yovanna Clement, professor, Department of English, Providence College for Women, Coonoor. We looked around with amazement at the campus and the hall we were placed in for the session! It was indeed a remarkable room with a wooden floor, gold warm lights, beautiful handmade curtains, lampshades and of course a lot of books! Just being at Keswick made our day! We started sharp at 10 am. Dr Ajit and Ms Sheila made us feel at home.

We started with a moment of silence to gather our thoughts and set in to watch a movie. The movie was titled "Dead Poets Society" premiered in the year 1989, directed by Peter Weir and written by Tom Schulman. As students and lovers of literature, we could relate with the movie and if my memory serves right, I remember seeing watery eyes on witnessing the climax of the movie. My own vision was foggy as well. At 11:15 am, we dispersed for tea and the kind staff in the cafeteria served us hot tea and biscuits. I am sure that most of us noticed how happy people were at Keswick. They wore a smile at all times and had a ready willingness to offer a helping hand.

After the tea break, Dr Ajit discussed the characters of Keating, a progressive English teacher, and Neil Perry, his student in detail. From this point on, Dr Ajit was guiding us to light. Sir addressed the problems that we might be facing in our lives at that point of time. The movie was a bit extensive and so unfortunately we were left hanging and had to watch the last 30 minutes of the film in the next class which was on the 26th of March 2021.

In the next class, we went briefly through the history of understanding human development, its various branches and major theorists. Dr Ajit introduced us to the American sociologist Talcott Parsons which led to further learning about social action theory and the four areas of human action. Sir's lectures were not abrupt; but he took us on a journey through the life of each and every theorist and explained to us in detail the socio-biographical contexts that might have contributed to the theories formed.

We went on to learn about Sigmund Freud. We were introduced to the Austrian neurologist and the founder of psychoanalysis in this class. It was especially useful to us literature students because we come across psychoanalysis in our literary curriculum. We discussed the psychosexual development of a person through the perspective of Sigmund Freud. Sir also made us familiar with concepts and words like hysteria, the fetal position, trauma, neurosis and psychosis. We learnt about the subconscious and unconscious, the difference between suppression and repression, and also that the golden emotion is 'gladness'

The next class was held on the 30th of March and we delved deeper into the various stages involved in the Freudian theory of psychosexual development. We learnt the topographical model through the 'ice-berg' metaphor. We learnt that 'id' is the instinctual part of the mind that contains sexual and aggressive drives and hidden memories, the super-ego involves the moral consciousness and ego consists of the realistic part that mediates between the desires of the id and superego.

Unfortunately after this class we had to break for quite a while - 3 weeks to be precise before we could come to Keswick for the classes again. The second wave of the pandemic hit us unexpectedly. Amidst the chaos of the pandemic, Dr Ajit's classes provided us with rays of hope. We resumed classes on the 22nd of April and we were indeed glad to be back on the campus. But they weren't the same because most of the participants had to attend the session online. Dr Ajit and the rest of the Keswick family were really kind to have us on campus even at a time when the whole world was unsure of having people over. Most of us could not make it because of our dear ones being tested covid positive and being in quarantine and also because of the side-effects of the vaccine.

On resuming classes, Dr Ajit began with advising us to take a moment of silence to gather our thoughts. We discussed the unfortunate present of the world and prayed

for the people affected by the pandemic. Though small, this act was extremely useful. Sir began the lecture by saying that "life is a mystery that can be observed and analysed on the mythological and philosophical level. We learnt the difference between classical and modern science. Sir kept drawing parallels to literary works and concepts which made our understanding of the subject smoother.

In this class, the participants were introduced to the Canadian psychiatrist named Eric Berne and his theory of transactional analysis. His three states of the ego namely, the parent ego state, the child ego state and the adult ego state were taught in detail in the class. The German-American developmental psychologist Erik Erikson and his theory of psychological development was another topic of the class. Sir spoke to us about the various experimentalists including Gowthama Buddha who we are all familiar with.

One of the most favoured aspects of Sir's classes was that he kept making cross-references to familiar works of literature and case studies that we could relate with. Another personal favourite was his constant recalling of his life at Princeton University. We were overwhelmed when Sir spoke about his experiences as a scholar of the University. My personal favourite was the ones about Albert Einstein! We feel proud and honored to take classes under the guidship of an ivy league graduate.

The next class was on the 24th of April and the class extended to 4pm because we were running out of our initially agreed 25 hours and there was a lot more to cover. This class was all about the American psychologists Carol and James Gilligan and their works. This class was much awaited because we were to learn about James E. Loder who was Dr Ajit's professor back in Princeton. We also learnt in this class about the principles of Gandhi and Martin Luther King.

We were introduced to Sudhir Kakar in this class and we were to discuss in detail his theories in the upcoming classes. As predicted, in the next class we learnt about the Indian cultural and religious psychologist Sudhir Kakar and his life cycle theory influenced by the Hindu culture. We learnt that Kakar took Erikson's theory and looked at it through the lens of the Hindu/Indian culture. We also learnt about Jean Piaget, the Swiss psychologist and his works on child development and the theory of cognitive development.

The theorists, James E. Loder, James W. Fowler, Lawrence Kohlberg and Howard Gardner and their contributions to the field of human development and psychology was the subject of inquiry in the next class held on the 29th of April. The Multiple Intelligence Theory of Howard Gardner was especially interesting.

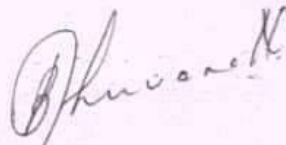
The class held on the 4th of April was on Fowler's psychological descriptions of faith. How faith contributed to meaning making in the world. It goes without mention that the efforts of the Department of English of Providence College under the guidance of

our dear Dr Bhuvana, Head of the Department and Dr Yovanna, tied with that of Dr Ajit and the Keswick family, have made these 25 hours fruitful. It has made our journey through the times of this pandemic easier. Thank you! It was decided this day that after one more class on the 5th of April which is today, We would have the valediction ceremony.

The valediction started with a prayer song by
Followed by recital of an original piece of poetry by
Report reading by Ashi Maria, research scholar in English literature, Providence College for Women, Coonoor

The report was followed by student responses delivered by
Respectively.

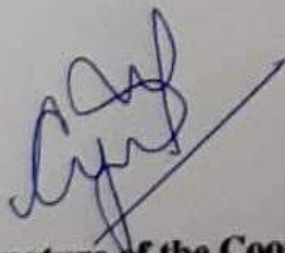
The director's response was delivered by Dr Ajit Prasadam. Our Valedictorian meeting was honored by the presence of Dr Sr Sheils, Principal, Providence College for Women, Coonoor and sister delivered the Principal's address. We wrapped the meeting up with the vote of thanks by a song and a closing prayer.


Dr. N. BHUVANA,
M.A., M.Phil., SLET., Ph.D., D. Litt (Hon)
Head, Department of English
Providence College for Women
Coonoor - 643 104


PRINCIPAL,
Providence College For Women,
COONOOR - 643104.

NCC

S. No	Names	Class
1.	Nalina Kumary K.	I B A English Literature
2.	Prithika Amanda Leo	I B A English Literature
3.	Sakthi G.	I B A English Literature
4.	Sherine C.	I B A English Literature
5.	Swathi G.	I B A English Literature
6.	Vigneshwari C.	I B A English Literature
7.	Dheepadharshini K.	II B A English Literature
8.	Divyadharshini K.	II B A English Literature
9.	Eleesha Majitha Joseph	II B A English Literature
10.	Indira E.	II B A English Literature
11.	Kokila T.	II B A English Literature
12.	Princy C.	II B A English Literature
13.	Shanmigha V.	II B A English Literature
14.	Srivasavi T. R.	II B A English Literature
15.	Swarnambigai O. M.	III B A English Literature
16.	Vishmaiya V.	III B A English Literature
17.	Vaishnavi R.	III B A English Literature
18.	Shameema S.	III B A English Literature
19.	Sneha R.	III B A English Literature



Signature of the Coordinator