

## Criterion 7.3

### Institutional Distinctiveness



**PROVIDENCE COLLEGE FOR WOMEN  
(AUTONOMOUS)**

**RE-ACCREDITED WITH " A " GRADE BY NAAC  
COONOOR, THE NILGIRIS - 643103, TAMILNADU.**

**GUIDANCE CELL**

**FAITH IS THE SUN OF LIFE**

## Table of Contents

SNO	CONTENT
1	Guidance Cell Overview
2	Guidance Class Objectives Topics Report Name list
3	Aptitude Training Objectives Modules Report Name list
4	Communication Training Objectives Modules Report Name list
5	Placement Training Objectives Modules Report Name list



FAITH IS THE SUN OF LIFE

**PROVIDENCE COLLEGE FOR WOMEN (AUTONOMOUS)  
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COONOOR, THE NILGIRIS – 643103, TAMILNADU.**

**GUIDANCE CELL**

The aim of the Guidance Cell is to provide comprehensive guidance and services to equip students with necessary attitude and skills to acquire a holistic personality. It aims in moulding integrated personalities. The cell promotes students identify one's skills and cross hurdles to obtain personal/interpersonal awareness to succeed in life. Under the guidance of the teaching faculty the cell helps students to overcome class, social, and cultural barriers to explore and nurture their potentiality and personality. Apart from this, teachers take up specific roles to address decision making, goal setting and job-oriented strategies.

**Objectives:**

- Offering counselling in the area of psychology and career guidance.
- Planning and implementing career guidance program.
- Assists students to enhance and create their interests, skills and abilities.

The cell functions as follows:

One hour in a week is allotted for Guidance, Communication training, Aptitude training and placement training.

Guidance classes focus on providing a wide-ranging psychological assistance to students and resolve their emotional, behavioural, academic, and social issues.

Communication training identifies students need for effective communication skills to meet the demands of the changing digital advancements, career landscapes and competition in education and work.

Aptitude training trains to equip students with aptitude questions and make them proficient in self-assessment to perform better in corporate aptitude tests.

Placement training shapes up the career goals of the students and enhances their capabilities to meet the demands of modern industry standards.

## GUIDANCE CLASS

2022-2023

### TOPICS

CLASS: ALL UG STUDENTS

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#### Learning Objectives

- These sessions are designed to suit the need of the students and to assess and diagnose the day-to-day problems of the youth.
- To create an awareness and develop skills to establish a smooth relationship with the teachers, peer groups and the outside world.

#### Course Outcome

On successful completion of the sessions the students will be able to:

- Prepare students to face personal and career challenges.
  - Equips them to become competent for success in future.
- 

### TOPICS

- Value Education & Spirituality
- Influence of Media
- Personal Development
- Values in Student's Life
- Social Behaviour
- Interpersonal Relationships
- Emotional Development
- Decision Making
- Stress Management
- Time Management
- Guided Meditation

## **REPORT**

### **Guidance Class**

**2022-2023**

The Guidance Classes for the year 2022-2023 was conducted on 2 alternative first day order. The first session on 17<sup>th</sup> August 2022 was handled by Heartfulness Institute, a non-profitable global organisation, for mental wellbeing and balanced lifestyle. A team of four members promoted easy ways of scientifically proven Relaxation techniques aided with guided meditation.

The second session on 26<sup>th</sup> August 2022 was on Stress Management again handled by Heartfulness team. The session brought to our students a wide spectrum of techniques to manage stress, anxiety and maintain an overall well-being.

On 27<sup>th</sup> October 2022, a team of activists from Worldwide Veterinary Service addressed the students on animal welfare and latest skills and supplies to vets and animal lovers. The talk aimed at improving health and care of animals with special attention to eradication of rabies.

Following this the remaining classes during the semester were handled by a team of teaching staff. Students were divided into small groups and a teacher was assigned to each of these groups. The classes aimed at helping students understand themselves, become self-sufficient in making realistic and positive selections and grow in human relationships. Discussion on values focused on student's acquiring positive attitudes and values to become dynamic members of societies.



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## Guidance Class



## Heartfulness Team



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## Worldwide Veterinary Service- Talk on Eradication of Rabies



**NAME LIST**

SNO	STUDENTS	CLASS	STAFF	ROOM NO
	Aarifaa.G	I BCA	DR. R. AMUDHA	1
	Abinaya.G			
	Angelinsoundari.B			
	Arthi.B			
	Arya Rajendran Ajitha Kumari			
	Dhanisha.M			
	Dhanushya.R			
	Galiya.A			
	Haripriya .V			
	Harrit Angel.E			
	Hema Chandrika .R			
	Jeeva V			
	Joshita.M			
	Kalaimani.B			
	Lathika .R			
	Leena K			
	Madhumitha.P			
	Merlina			
	Monisha R			
	Monisha S			
	Mubashira L			
	Nandhini M			
	Pasapu Sandhiya S			
	Pavithra G			
	Pooja Shreemathi G			
	Pricilla Y			
	Rithika Pricee J			
	Rizwana Fazila F			
	Ruthika R			
	Sabitha P			
	Salma A	I BCA	MRS. J. KARUNAMBIGAI	2
	Samyuktha R			
	Sandhya			
	Santhana			
	Shafiya R			
	Shaishri S			
	Sherin L			
	Sherly G			
	Sofiya S			
	Subashini N			
	Swarnamala N			
	Abinaya V	I BCOM		

Abirami V			
Anupama A			
Arthi K			
Ashma Parveen S			
Asma N			
Bhuvaneshwari R			
Bhuvaneshwari G			
Deepthi S			
Dhanushree D			
Dheesha N			
Divya T			
Evangelin Iswarya A			
Gurucharani M			
Harini S			
Harishini M			
Jesta Shree S			
Jisha Joseph J			
Jotjhisree R			
Kaarthika S	<b>IBCOM</b>		
Kalpana U			
Krishnan Priya S			
Lavanya K			
Manusha Riyasni Nayaki V			
Mary Vinya Fernando J			
Mathumithamathi K			
Megalakshmi S			
Megha D			
Monika M			
Mownika R			
	<b>III</b>		
Abinaya E.	<b>BOTANY</b>	<b>MRS. JUVARIYA</b>	<b>3</b>
Deepika D.			
Jothika M.			
Karunya N.			
Kavi Priya P.			
Kaviya B.			
Keerthana M.			
Lakshanya Selina Immaculate B. R.			
Merlin Jenifer A.			
Monika N			
Pavithra K.			
Priyadharshini S.			
Radhiga R.			
Reshma P.			
Revathy M			

Sharon Monica R.			
Sneha B.			
Sowmiya A.			
Sujitha M.			
Thirisha M			
Veronika Shalini A.			
Vinothini S.			
Arundhathi V	<b>I ECONOM ICS</b>	DR. KARUPPAYI	4
Brindha C			
Illakiya K			
Madhumitha A			
Meenambiga K			
Priyadharshini P			
Ramya M			
Roshini A			
Shafna H			
Supriya S			
Afsharina Mi	<b>I ENGLISH</b>		
Akshaya K			
Aldona Joseph			
Ashiga Raxy N			
Beulah Evangelian B			
Christina Caroll			
Deeksha L			
Deepika S			
Grena B			
Iswarya T			
Jaidharsini C			
Jenifer Elizabeth T			
Madhumitha S			
Nivetha R			
Pavithra Y			
Sabeena R			
Sarah Merlin D			
Sharmi B			
Shrinithi P			
Swathi M			
Sweatha V			
Thirisha S			
Uthika R			
Vinisha R			
Vivekai Jemimal D			

Danushya S I History	<b>I HISTORY</b>	MRS. REVATHI	5
Jayashree N			
Mary Anima Bara			
Marya Angeline C			
Mohana S			
Nagajothi K			
Nathya V			
Nivetha V			
Reshma K			
Sathya A			
Subitha P			
Divyadharshini G	<b>I MATHS</b>		
Preethi M			
Pushparani G			
Rupa S			
Aadhi Selvi M	<b>I BOTANY</b>		
Aarthi S			
Agalya R			
Dharshini S			
Lohitha N			
Monisha V			
Padminidevi R			
Pathma S			
Rahana S			
Rajeshwari M			
Rubee Aghnes A			
Sandhiya K			
Sharani			
Sherin Prietha R			
Sherlin Rubiya J			
Soniya R			
Vana Selvi M			
Adhulya	<b>II BCA</b>	DR.SUDHA	6
Alenta Tom			
Anupriya S			
Anushya R			
Arthi Agalya V			
Aswathy M			
Dharsini.S			
Dheeksha K			
Gayathri A			
Hamsavardhini			

Hemalatha R			
Indhu K			
Jayadharshini G			
Joyce Miriam S			
Keerthana.K			
Kirthana M			
Kowsalya R			
Loshini S			
Merlin Olivia V			
Mithuna H.			
Mithuna K.S.			
Monisha J			
Nagamani M			
Nandhini N			
Nivetha M			
Noor Afsa K.			
Pavi Shree M			
Pooja D			
Pooja J.S.			
Preethi Sagaya Mary L			
Abigail F.	II BCOM	DR. GANGA	7
Abinaya S.			
Abisha R.			
Agni Lakshana A			
Ajeesha A			
Akshara R			
Anaani Iza Vinod			
Anila William			
Aswitha B			
Ayisha Munavvara M.			
Beaula P.			
Bhavyashree P.			
Deepanjali Y			
Deepika T			
Delcy M.			
Dharshini Priya S			
Dharshini U			
Hemavarshini J			
Iswarya M.			
Jasmine N.			
Jenifer J.			
Kamali R			
Kanmani S			
Kavya Shree R.			
Keerthana M			
Lashmini A.			

Lourdu Mary J			
Maheswari P.			
Maria Ancy A.			
Mariyam M. R.			
Meera G.	<b>II BCOM</b>	<b>MS. G. SAJITHA</b>	<b>8</b>
Monica M			
Nagadarshini N			
Nandhini R.			
Nideya Sin J.			
Nithya Shree M.			
Pavithra S.			
Pooja K.			
Poorani S			
Poomi R.			
Raajashree R			
Rahmath Nisha A.			
Rahmath Nisha K.			
Reshma A.			
Reshma M.			
Rozaario Princi M.			
Ruthmercy A.			
Sahana S.			
Sahana V.			
Salini R			
Sameena M.R.			
Sandhya M.			
Sandra Adrein Vincent			
Sandra S.			
Sariga D.R.			
Shahina S.			
Shalini L.			
Shanthipriya S.			
Sherin Jacquelin S.			
Sherlin Angelina A			
Shyamala S.			
Sivaranjani S.G.			
Sneka S.			
Harsha S.	<b>II ENGLISH</b>	<b>MRS. C. PRAVEENA</b>	<b>9</b>
Hemalin Hilda P			
Jasmine J			
Jasmine Kirthika R			
Joan Francisca J.			
Jothiga S			
Kaarunya S.R			
Lithiya Grancy A			

Madhumitha G			
Mathumetha S			
Nalina Kumary K			
Naziha R.			
Nikitha C			
Pavithra K			
Pooja H			
Prithika Amanda Leo			
Ramya S			
Rofeena Fathima N			
Roshini S			
Sakthi G			
Sathiyapriya N			
Sathya N			
Shafiya S.			
Sherine C			
Shivera M			
Rajapunisha A	<b>II BCA</b>	<b>MS. P. SARANYA</b>	<b>10</b>
Sandhiya K			
Sathya M.			
Sharin Gedesiya P.			
Sharmila M			
Shijitha S.			
Sindhya G			
Sneha A			
Sony G			
Sowmiya C.			
Sujitha S			
Sumithra J			
Swausthy M			
Yashini V.			
Silviyaprinicy F	<b>II</b>	<b>ENGLISH</b>	
Sreeja R.			
Sri Suganya R			
Stefina Mary A			
Subiksha N			
Susan Rebekah Fitzgerald			
Suvathi S			
Swathi G			
Swetha C.			
Vaishnavi M.			
Vigneshwari C			
Sowmiya Devi V.	<b>II BCOM</b>		
Sumaiya Banu S.			
Swathi S.			



Swetha R.			
Tharani V.			
Thenmozhi A			
Vaishnavi N.			
Valarmathi M.			
Velankanni Abitha V.			
Vinitha K.			
Yasmeen S.			
Yuvashree K			
Shaheera B.	<b>III ECONOM ICS</b>	DR.M. BHUVANESHWAR I	11
Shamini S.			
Sharon Bellmy C.			
Snega N.			
Sneha P.			
Sneha V.			
Suja S			
Sunitha M			
Vasuki B			
Velankanni Nisha T.			
Vinitha V.			
Soniya G S	<b>III BCOM</b>		
Subha S			
Suganya C			
Sunantha V			
Suruthi K G			
Suvetha C			
Swathi S.			
Swetha S			
Theresa Maria A			
Thrisha R			
Thrisha R			
Yasmin A			
Sasi Priya R	<b>III BCOM</b>		
Sehar Fathima			
Shahanaz M E			
Shalini V			
Sharon Jersha S			
Sherin Petrisia E			
Shobika B			
Sindhuja R			
Sneha C R			
Sneha K H			

Manjula J.	III BCA	MRS. NITHYA	25
Monisha A.			
Moshamirithini P.			
Mythili K.			
Nimmy P G			
Nivetha J.			
Pricilla Philomina B			
Princy L.			
Reshma K.			
Rithikasree V.			
Sabeena L.			
Sandhiya R.			
Sangeetha M.			
Shaira Banu S.			
Shalini R.			
Shalipriya Y.			
Shamnylenus A.			
Sithara M.			
Sneha R K.			
Snehaa S.			
Sumithra S.			
Sunena S.			
Theraksha S			
Vidhya J.			
Aleena Binoy	III MATHS		
Aleesha K S			
Anjali K.			
Athmaja R			
Catherin Pearl J			
Dhanalakshmi R.			
Divya K.			
Gracelin Priyanka H			
Kaviya K.M.			
Keerthi C.			
Kokila S.			
Kokilavalli P.			
Kowsalya A			
Loganayagi S.			
Pavithra M			
Pooja R			
Sandhia K.			
Sharan Roshini G.			
Sri Priya S.			
Sumithra S.			
Theesha Thanya R.			

Akshitha M.	<b>III ECONOM ICS</b>	MR. H.SIVALINGAN	26
Anushya G.			
Aswini S.			
Epsiba M.			
Gladis S.			
Joshine S.			
Kanishka R			
Kiruthika K			
Kowshika R			
Lavanya S			
Maheshwari C			
Manjula S			
Mathumitha S			
Nandhini P			
Padmapriya B			
Pooja D			
Priyadharshini K.			
Roshini Stefina S.			
Samithra S.			
Sandhiya B.			
Sandhiya C.			
Sarala M.			
Saranya K.			
Archana Devi N	<b>III HISTORY</b>	MRS. DHANYA	27
Bavadharani M P			
Dhanalakshmi K.			
Dhavamani C.			
Divya Sin T.			
Gomathi T.			
Kaveri C.			
Lavanya K.			
Mary Jasmine A.			
Megha M.			
Merlin Nandhini M			
Nagalakshmi P.			
NaviyaN.			
Parveen Nisha R.			
Priyadharshini C.			
Priyadharshini K.			
Sangeetha S.			
Sneha S.			
Soniya R			
Tharani S.			

Abarna A	<b>III BCOM</b>		
Aiman Khader			
Ajanthaa R			
Ajitha Yasmin A			
Angeline C			
Anisha M			
Anishma A			
Anusha K			
Archana L			
Aruna T			
Ashmitha R	<b>III ENGLISH</b>	MS. KEERTHANA	28
Ayisha Begum A			
Charumathi I			
Dharshini S			
Dheepadharshini K			
Divya Dharshini K			
Eleesha Majitha Joseph			
Elizabeth T T			
Farshana F			
Fathima R			
Fiza S			
Gayathri R			
Gayathri S			
Grace Keerthi P			
Indira E			
Jamuna K			
Jannathil Firdous M			
Jeevitha M			
Jenifer Shruthi R			
Jyothipriya Simon			
Kaalishwari B			
Kalaivani M			
Karunya B			
Keerthana C			
Kokila T			
Lalitha M			
Loshini K			
Mathumitha H			
Meera B			
Monika B			
Mursheda S	<b>III ENGLISH</b>	DR.P.AMUDHA	16
Pavithra J			
Pooja S			
Pradeeba S			

Princy C			
Priya R			
Rithika C			
Rithika S			
Sabah Javid			
Saimadhu M			
Sakthisri R			
Samitha D			
Shakila D			
Shalini R			
Shalini V			
Shanmigha V			
Shanthiya S			
Shine Neroline J			
Sonal J S			
Sri Vasavi			
Sumayabanu M			
Sushmitha R			
Swetha B			
Varsha G S			
Yamuna R			
Yoshita Majella R			
Ayisha Begam K	III BOM		
Aysha N			
Charunethra S			
Deena M			
Deepa K			
Deeshiya M			
Divya R			
Evangeline Sherly J			
Gayathri K			
Gayathri R			
Harshaa G M	III BCOM	DR.J.GUNASEELI	17
Ilamadhi T			
Janani N			
Januthul Ferthouz A			
Jenitha T.			
Jenitta Peter			
Jonna J.			
Keerthana M.			
Madhumitha S.			
Madhupreetha S			
Meera Y			
Miruthula K			
Mithuna Merleshaa J W			
Monali M			

Mowlin Mary P			
Nancy Jennifer S			
Nandhini S			
Narmathamathi G			
Niveditha H			
Amirthavarshini C.	<b>III BCA</b>	<b>MS. JEROMNISHA</b>	<b>18</b>
Anisha Shree S.			
Anupriya B			
Anushya H			
Ashika Rodrigues J			
Bharani K			
Deeksha S.			
Deeptha B.			
Dharshini K			
Divya K.			
Felcia Cathrine R			
Gopika T			
Janani S.			
Jasmin A			
Jency Sherly Margret X.			
Karthika S.			
Kaviya S.			
Kiruthika S			
Loashini B.			
Malliga S			
Patricia Tracy Vinoth	<b>III BCOM</b>		
Pavithra S			
Preethi K.			
Priyadharshini S.			
Priyanka K			
Pushpalatha N			
Rajeshwari K			
Reshma R			
Rezwana M S			
Sadhana R			
Sanjuna A			
Anu A	<b>II ECONOM ICS</b>	<b>DR. DANISH FATHIMA</b>	<b>19</b>
Arthi A.			
Bakiyalakshmi S.			
Boomika S.			
Keerthana A.			
Lediya Jenifer P.			
Monisha S.			
Nandhini S.			

Nishanthini N.			
Pavithra A.			
Pavithra R.			
Preethi S.			
Premalatha S.			
Reena S.			
Sandhiya K.			
Sanjana S.			
Seethalakshmi S.			
Shalini B.			
Sivammal S.			
Sivashankari R.			
Snega M.			
Soniya R.			
Umamageshwari V.			
Vidhya K.			
Vijayalakshmi S.			
Adlin Blessy S	<b>II</b>		
Arthi M	<b>ENGLISH</b>		
Aswathy S			
Avisha R			
Aysha Banu B			
Christiba Jebarani M			
Christina Lincy Y			
Clarawinci R			
Grace Dayana R			
Hamsha N			
Archana G.	<b>II</b>	MRS. BARKATH	
Asna Banu Z	<b>HISTORY</b>	UNISHA	20
Jenisha R.			
Kalai Selvi S.			
Karthiga M.			
Maria Viviliya M.			
Mythili R.			
Pavithra S.			
Priya Dharshini C.			
Priyadharshini R.			
Ranjani S.			
Saranya M			
Sureka A.			
Swetha S.			
Arya Sunil	<b>II</b>		
	<b>MATHS</b>		

Asha S.			
Harini M.			
Mansiya C.			
Sailaja S.			
Sri Harini M.			
Tharani M.			
Aananthi J.	<b>II</b>		
	<b>BOTANY</b>		
Abinaya V.			
Charumathy S.			
Devipriya S			
Jeevitha K.			
Kasthuri S			
Kaviya S.			
Kayalvizhi N.			
Mathumitha M.			
Monisha V.			
Nivetha K.			
Rajeshwari R.			
Rakshana G.			
Riyashini K.			
Sushmitha S.			
Velankanni Rabeka S.			
Mythili C	<b>I BCOM</b>	<b>MRS. SRI THARANI</b>	<b>36</b>
Nadeema M			
Nageshwari N			
Nandhini R			
Narmadtha S			
Navya S			
Nethra Gayathri V			
Particia K			
Pirarthana S			
Pooja B			
Poorani K			
Poornima M			
Prathipha R			
Preethi K			
Priyanka V			
Raseena Banu M			
Rathika S			
Rebecca H			
Riyana S			



Roshni M			
Roshni R			
Rufeena Jenifer R			
Safeina A			
Sandhiya S			
Sandhiya S			
Shruthi S			
Sivadharani M			
Suba Lakshmi K			
Thouheda S			
Vaishnavi A			
Veronika S			
Vijaya Lakshmi S			
Vinothini S			
Yasidha B			

**STAFF HANDLING GUIDANCE CLASS**

**July 2022-2023**

SNO	CLASS	STAFF	SIGNATURE
1	ALL UG STUDENTS	DR. MALARVIZHI (STAFF INCHARGE)	

  
Signature of the Coordinator

  
Signature of the Principal

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PRINCIPAL,  
Providence College for Women,  
COONOOR - 043104.

## TRAINING NAME: APTITUDE TRAINING

**CLASS: ALL II UG**

(II B.A. HISTORY, II B.A. ECONOMICS, II B.A. ENGLISH LITERATURE, II B.SC BOTANY,  
II B.SC MATHEMATICS, II B.COM, II BCA)

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### Learning Objectives

This course is designed to suit the need of the students and to acquaint them with frequently asked patterns in quantitative aptitude during various examinations and campus interviews.

### Course Outcome

On successful completion of the course the students will be able to:

- Understand the basic concepts of quantitative ability
- Solve placements aptitude papers covering Quantitative Ability.
- Compete in various competitive exams like CAT, CMAT, GATE, GRE, GATE, UPSC, GPSC etc.

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### MODULES

#### 1. Quantitative Ability (Basic Mathematics Part - I)

- 1.1. Number Systems
- 1.2. LCM and HCF
- 1.3. Decimal Fractions
- 1.4. Simplification

#### 2. Quantitative Ability (Basic Mathematics Part - II)

- 2.1. Square Roots and Cube Roots
- 2.2. Average
- 2.3. Problems on Ages
- 2.4. Percentages
- 2.5. Problems on Numbers

#### 3. Quantitative Ability (Applied Mathematics)

- 3.1 Profit and Loss
- 3.2 Simple and Compound Interest
- 3.3 Time, Speed and distance
- 3.4 Time & Work
- 3.5 Ratio and Proportion

#### 4. Data Interpretation

- 4.1 Tables
- 4.2 Column Graphs
- 4.3 Bar Graphs
- 4.4 Line Charts
- 4.5 Pie Chart

**Reference books:**

1. Quantitative aptitude for Competitive examination By R S Agarwal
2. Quantitative Aptitude by Competitive Examinations by Abhijit Guha 4<sup>th</sup> edition



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**REPORT  
2022-2023  
ODD SEMESTER**

Alternative week of guidance hour is used for handling numerical aptitude classes for the second UG students of all departments. In this odd semester the students had 3 classes of numerical aptitude (14.09.2022, 28.09.2022 and 17.10.2022). 227 students from II B.A. HISTORY, II B.A. ECONOMICS, II B.A. ENGLISH LITERATURE, II B.SC BOTANY, II B.SC MATHEMATICS, II B.COM & II BCA were divided into 6 groups of 38 each. This course was designed to cater the need of students in getting trained for common examinations. Topics covered in this semester are:

1. Number Systems
2. LCM and HCF
3. Decimal Fractions
4. Simplification
5. Problems on Ages
6. Percentages
7. Problems on Numbers

Problem solving methods were taught to students in the above topics in patterns of competitive examinations. Students showed keen interest during the classes and have also started involving in the subject with the intention of their career developments.



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**EVEN SEMESTER  
2022-2023**

Chapters taken during the even semester is as follows:

1. Problems on time and work
2. Mathematics of finance
3. Square and cube roots
4. Profit and loss
5. Simple interest and compound interest
6. Data interpretation
  - Tables
  - Column Graphs
  - Bar graphs
  - Line charts
  - Pie chart

**CLASS STRUCTURE:**

Every month 2 alternative first day order guidance hour was used for handling numerical aptitude classes. Students were divided into six groups of 38 in each and classes were handled by monitoring the students' capability in the subject.

**STAFF-STUDENT RATIO: 1:38**

**TUTORS:** For the total of 227 students, six staff in Providence College, handled numerical aptitude classes. Four staff from the Department of Commerce and two staff from the Department of Mathematics.

**OUTCOME:**

On successful completion of this course the students will be able to:

- ✓ Understand the basic concepts of quantitative ability
- ✓ Solve placements aptitude papers covering Quantitative Ability.
- ✓ Compete in various competitive exams like CAT, CMAT, GATE, GRE, GATE, UPSC, GPSC etc.

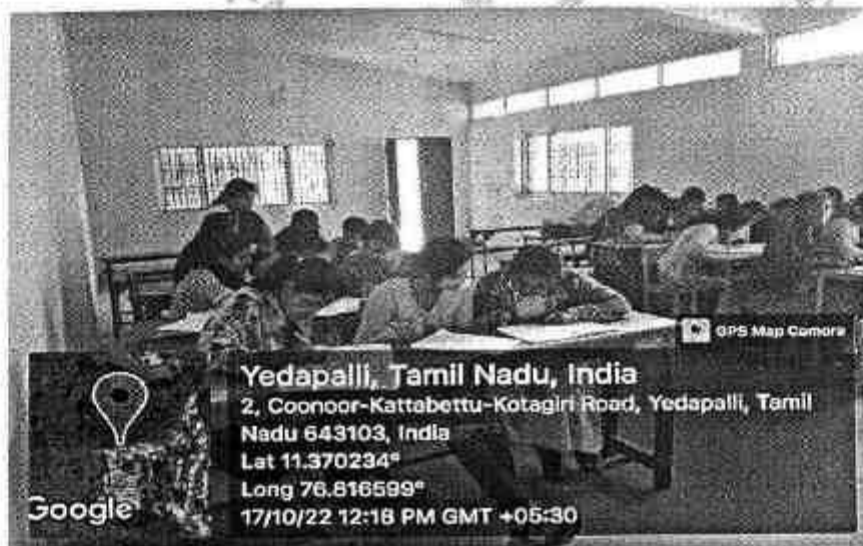
**EVIDENCE:**

- ✓ Attendance

Dates on which numerical aptitude classes was taken:

- 10-01-2023
- 28-01-2023
- 13-02-2023
- 27-02-2023
- 14-03-2023
- 29-03-2023

## Aptitude Training Class



### NAME LIST

II B.C.A.					Mrs. Kalaivani	
1	Adhulya					
2	Alenta Tom					
3	Anupriya S					
4	Anushya R					
5	Arthi Agalya V					
6	Aswathy M					
7	Dharsini.S					
8	Dheeksha K					
9	Gayathri A					
10	Hamsavardhini					
11	Hemalatha R					
12	Indhu K					
13	Jayadharshini G					
14	Joyce Miriam S					
15	Keerthana.K					
16	Kirthana M					
17	Kowsalya R					
18	Loshini S					
19	Merlin Olivia V					
20	Mithuna H.					
21	Mithuna K.S.					
22	Monisha J					
23	Nagamani M					
24	Nandhini N					
25	Nivetha M					
26	Noor Afsa K.					
27	Pavi Shree M					
28	Pooja D					
29	Pooja J.S.					
30	Preethi Sagaya Mary L					
31	Rajapunisha A					
32	Sandhiya K					
33	Sathya M.					
34	Sharin Gedesiya P.					
35	Sharmila M					
36	Shijitha S.					
37	Sindhya G					
38	Sneha A					

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<b>II B.A. ECONOMICS</b>		Dr.Arthi J
1	Anu A.	
2	Arthi A.	
3	Bakiyalakshmi S.	
4	Boomika S.	
5	Keerthana A.	
6	Lediya Jenifer P.	
7	Monisha S.	
8	Nandhini S.	
9	Nishanthini N.	
10	Pavithra A.	
11	Pavithra R.	
12	Preethi S.	
13	Premalatha S.	
14	Reena S.	
15	Sandhiya K.	
16	Sanjana S.	
17	Seethalakshmi S.	
18	Shalini B.	
19	Sivammal S.	
20	Sivashankari R.	
21	Snega M.	
22	Soniya R.	
23	Umamageshwari V.	
24	Vidhya K.	
25	Vijayalakshmi S.	
<b>II B.A. HISTORY</b>		
1	Archana G.	
2	Asna Banu Z	
3	Jenisha R.	
4	Kalai Selvi S.	
5	Karthiga M.	
6	Maria Viviliya M.	
7	Mythili R.	
8	Pavithra S.	
9	Priya Dharshini C.	
10	Priyadharshini R.	
11	Ranjani S.	



12	Saranya M				
13	Sureka A.				
14	Swetha S.				

<b>II B.A. ENGLISH LITERATURE</b>		<b>Ms.Shafna A</b>			
1	Adlin Blessy S				
2	Arthi M				
3	Aswathy S				
4	Avisha R				
5	Aysha Banu B				
6	Christiba Jebarani M				
7	Christina Lincy Y				
8	Clarawinci R				
9	Grace Dayana R				
10	Hamsha N				
11	Harsha S.				
12	Hemalin Hilda P				
13	Jasmine J				
14	Jasmine Kirthika R				
15	Joan Francisca J.				
16	Jothiga S				
17	Kaarunya S.R				
18	Lithiya Grancy A				
19	Madhumitha G				
20	Mathumetha S				
21	Nalina Kumary K				
22	Naziha R.				
23	Nikitha C				
24	Pavithra K				
25	Pooja H				
26	Prithika Amanda Leo				
27	Ramya S				
28	Rofeena Fathima N				
29	Roshini S				
30	Sakthi G				
31	Sathiyapriya N				
32	Sathya N				
33	Shafiya S.				
34	Sherine C				
35	Shivera M				
36	Silviyaprinicy F				

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37	Sreeja R.				
38	Sri Suganya R				

<b>II B.A. ENGLISH LITERATURE</b>		Ms.Princy Sneha J			
39	Stefina Mary A				
40	Subiksha N				
41	Susan Rebekah Fitzgerald				
42	Suvathi S				
43	Swathi G				
44	Swetha C.				
45	Vaishnavi M.				
46	Vigneshwari C				

<b>II B.Sc. MATHS</b>					
1	Arya Sunil				
2	Asha S.				
3	Harini M.				
4	Mansiya C.				
5	Sailaja S.				
6	Sri Harini M.				
7	Tharani M.				

<b>II B.Sc. BOTANY</b>					
1	Aananthi J.				
2	Abinaya V.				
3	Charumathy S.				
4	Devipriya S				
5	Jeevitha K.				
6	Kasthuri S				
7	Kaviya S.				
8	Kayalvizhi N.				
9	Mathumitha M.				
10	Monisha V.				
11	Nivetha K.				
12	Rajeshwari R.				
13	Rakshana G.				
14	Riyashini K.				
15	Sushmitha S.				
16	Velankanni Rabeka S.				

II BCA					
39	Sony G				
40	Sowmiya C.				
41	Sujitha S				
42	Sumithra J				
43	Swausthy M				
44	Yashini V.				

**II B.COM**

Dr. Baby S.

1	Abigail F.				
2	Abinaya S.				
3	Abisha R.				
4	Agni Lakshana A				
5	Ajeesha A				
6	Akshara R				
7	Anaani Iza Vinod				
8	Anila William				
9	Aswitha B				
10	Ayisha Munavvara M.				
11	Beaula P.				
12	Bhavyashree P.				
13	Deepanjali Y				
14	Deepika T				
15	Delcy M.				
16	Dharshini Priya S				
17	Dharshini U				
18	Hemavarshini J				
19	Iswarya M.				
20	Jasmine N.				
21	Jenifer J.				
22	Kamali R				
23	Kanmani S				
24	Kavya Shree R.				
25	Keerthana M				
26	Lashmini A.				
27	Lourdu Mary J				
28	Maheswari P.				
29	Maria Ancy A.				
30	Mariyam M. R.				

31	Meera G.				
32	Monica M				
33	Nagadarshini N				
34	Nandhini R.				
35	Nideya Sin J.				
36	Nithya Shree M.				
37	Pavithra S.				
38	Pooja K.				

**II B.COM**

39	Poorani S			Mrs. Shalini	
40	Poorni R.				
41	Raajashree R				
42	Rahmath Nisha A.				
43	Rahmath Nisha K.				
44	Reshma A.				
45	Reshma M.				
46	Rozaario Princi M.				
47	Ruthmercy A.				
48	Sahana S.				
49	Sahana V.				
50	Salini R				
51	Sameena M.R.				
52	Sandhya M.				
53	Sandra Adrein Vincent				
54	Sandra S.				
55	Sariga D.R.				
56	Shahina S.				
57	Shalini L.				
58	Shanthipriya S.				
59	Sherin Jacquelin S.				
60	Sherlin Angelina A				
61	Shyamala S.				
62	Sivaranjani S.G.				
63	Sneka S.				
64	Sowmiya Devi V.				
65	Sumaiya Banu S.				
66	Swathi S.				
67	Swetha R.				
68	Tharani V.				
69	Thenmozhi A				

70	Vaishnavi N.				
71	Valarmathi M.				
72	Velankanni Abitha V.				
73	Vinitha K.				
74	Yasmeen S.				
75	Yuvashree K				

Staff Handling Aptitude Training			SIGNATURE
SNO	CLASS	STAFF	
1	ALL II YEAR STUDENTS	MS. SHAFNA (STAFF IN CHARGE)	<i>Shafna</i>
2		MRS. KALAIVANI	<i>R.K.V.</i>
3		DR. ARTHI	<i>Arthi</i>
4		DR. BABY	<i>Baby</i>
5		MS. PRINCY	<i>Princy</i>
		MRS. SHALINI	<i>R.S.L.</i>

*Shafna*

Signature of the Coordinator

*L. Sheela*

Signature of the Principal

PRINCIPAL,  
 Providence College For Women  
 COORUUR - 643104.  
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## TRAINING NAME: COMMUNICATION TRAINING

### CLASS: ALL I UG

(I.B.A. HISTORY, I.B.A. ECONOMICS, I.B.A. ENGLISH LITERATURE, I.B.SC BOTANY,  
I.B.SC MATHEMATICS, I.B.COM, I.BCA)

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### Learning Objectives

The purpose of the training is to meet the needs of the students in the studying environment, work place and in day-to-day life situations.

The syllabus is fully integrated, inclusive of listening, speaking, reading and writing skills aiming to enable students to engage in clear conversations, in both oral and written form.

### Course Outcome

On successful completion of the course the students will be able to:

- Develop knowledge and skills around human communication that facilitate their future success.
- Demonstrate an understanding of ethical communication behaviours.
- Recognise and use effective styles of communication to enhance their communication.

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## SYLLABUS

### Unit-1

- 1.1. Alphabet
- 1.2. Formation of two and three letter words
- 1.3. Framing sentences using those words
- 1.4. Unscrambled words
- 1.5. Anagram

### Unit 2

- 2.1. Types of sentences
- 2.2. Parts of speech
- 2.3. Articles
- 2.4. Sentence Structure
- 2.5. Subject verb agreement

### **Unit 3**

- 3.1. Self-Introduction
- 3.2. Describing an object, friend, place etc
- 3.3. Giving and asking - opinions.
- 3.4. Fruits, vegetables, Animals
- 3.5. Giving Directions

### **Unit 4**

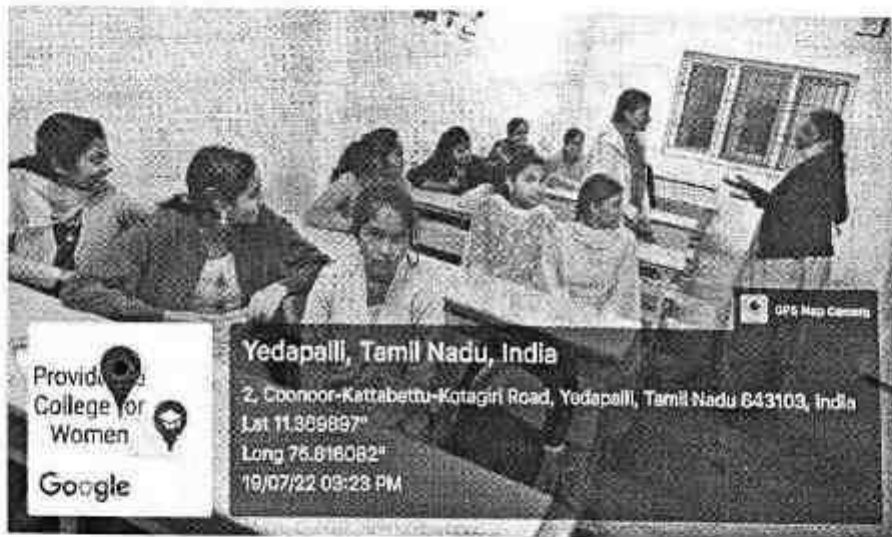
- 4.1. Common phrases
- 4.2. Simple Idioms
- 4.3. Grammar games
- 4.4. Riddles
- 4.5. Story telling

### **Unit 5**

- 5.1. Listening to texts, listening to stories and dialogues
- 5.2. Tongue twisters
- 5.3. Telephonic Conversation
- 5.4. Homonyms, homophones
- 5.5. Listening and speaking exercises
- 5.6. Group discussion



## Communication Training





### NAME LIST

STUDENTS	CLASS	STAFF
Aarifaa.G	I BCA	MRS. SHANTHI
Abinaya.G		
Angelinsoundari.B		
Arthi.B		
Arya Rajendran Ajitha Kumari		
Dhanisha.M		
Dhanushya.R		
Galiya.A		
Haripriya .V		
Harrit Angel.E		
Hema Chandrika .R		
Jeeva V		
Joshita.M		
Kalaimani.B		
Lathika .R		
Leena K		
Madhumitha.P		
Merlina		
Monisha R		
Monisha S		
Mubashira L		
Nandhini M		
Pasapu Sandhiya S		
Pavithra G		
Pooja Shreemathi G		
Pricilla Y		
Rithika Pricee J		
Rizwana Fazila F		
Ruthika R		
Sabitha P		
Salma A		
Samyuktha R		
Sandhya		
Santhana		
Shafiya R		
Shaishri S		
Sherin L		
Sherly G		
Sofiya S		
Subashini N		
Swarnamala N		

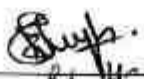

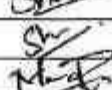


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Abinaya V	I BCOM	MS.SHIFFY AND MS.MIRNA
Abirami V		
Anupama A		
Arthi K		
Ashma Parveen S		
Asma N		
Bhuvaneshwari R		
Bhuvaneshwari G		
Deepthi S		
Dhanushree D		
Dheesha N		
Divya T		
Evangelin Iswarya A		
Gurucharani M		
Harini S		
Harishini M		
Jesta Shree S		
Jisha Joseph J		
Jotjhisree R		
Kaarthika S		
Kalpana U		
Krishnan Priya S		
Lavanya K		
Manusha Riyasni Nayaki V		
Mary Vinya Fernando J		
Mathumithamathi K		
Megalakshmi S		
Megha D		
Monika M		
Mownika R		
Mythili C I Bcom		
Nadeema M		
Nageshwari N		
Nandhini R		
Narmadtha S		
Navya S		
Nethra Gayathri V		
Particia K		
Pirarthana S		
Pooja B		
Poorani K		
Poornima M		
Prathipha R		
PREETHI K		
PRIYANKA V		

Raseena Banu M		
Rathika S		
Rebecca H		
Riyana S		
Roshni M		
Roshni R		
Rufeena Jenifer R		
Safeina A		
Sandhiya S		
Sandhiya S		
Shruthi S		
Sivadharani M		
Suba Lakshmi K		
Thouheda S		
Vaishnavi A		
Veronika S		
Vijaya Lakshmi S		
Vinothini S		
Yasidha B		
Arundhathi V	I ECONOMICS	MRS.VANI
Brindha C		
Illakiya K		
Madhumitha A		
Meenambiga K		
Priyadharshini P		
Ramya M		
Roshini A		
Shafna H		
Supriya S		
Afsharina M	I ENGLISH	MRS.SHYLA
Akshaya K		
Aldona Joseph		
Ashiga Raxy N		
Beulah Evangelian B		
Christina Caroll		
Deeksha L		
Deepika S		
Grena B		
Iswarya T		
Jaidharsini C		
Jenifer Elizabeth T		
Madhumitha S		

Nivetha R		
Pavithra Y		
Sabeena R		
Sarah Merlin D		
Sharmi B		
Shrinithi P		
Swathi M		
Sweatha V		
Thirisha S		
Uthika R		
Vinisha R		
Vivekai Jemimal D		
Danushya S	I HISTORY	MRS.SHYLA
Jayashree N		
Mary Anima Bara		
Marya Angeline C		
Mohana S		
Nagajothi K		
Nathya V		
Nivetha V		
Reshma K		
Sathya A		
Subitha P		
Divyadharshini G	I MATHS	MRS.SHYLA
Preethi M		
Pushparani G		
Rupa S		
Aadhi Selvi M	I BOTANY	MRS.VANI
Aarthi S		
Agalya R		
Dharshini S		
Lohitha N		
Monisha V		
Padminidevi R		
Pathma S		
Rahana S		
Rajeshwari M		
Rubee Aghnes A		
Sandhiya K		
Sharani		

Sherin Prieetha R		
Sherlin Rubiya J		
Soniya R		
Vana Selvi M		

Staff Handling Communication Training			
SNO	CLASS	STAFF	SIGNATURE
1	ALL I YEAR STUDENTS	MRS. MARY SHYLA (STAFF INCHARGE)	
2		MRS. SHANTHI	
3		MRS. VANI	
4		MS. SHIFY CLYFORD	
5		MS. MIRNA	



Signature of the Coordinator



Signature of the Principal

PRINCIPAL,  
Providence Coll. for Women,  
COONOR - 643104.

## TRAINING NAME: PLACEMENT TRAINING

**CLASS: ALL III UG**

(III B.A. HISTORY, III B.A. ECONOMICS, III B.A. ENGLISH LITERATURE, III B.SC BOTANY, III B.SC MATHEMATICS, III B.COM, III BCA)

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### Learning Objectives

To create opportunities for employment through training.

To assist students in exploring their skills in the modern challenging environment.

### Course Outcome

On successful completion of the training the students will be able to:

- Meet the recruitment standards of industries.
- Appear for interviews with more confidence.
- Have a positive outlook on placement drives on the campus.

## MODULES

Sessions by Threelak Karnan

### UNIT I: Resume

- Introduction to resume
- Building of resume
- Cover page

### UNIT II : Group Discussion

- Introduction to G.D
- Etiquette of G.D
- Benefits

### UNIT III: Dots to Lines

- Self-reflection method
- Balance square method

#### UNIT IV: Mock Interview

- Introduction
- Content
- Techniques



## REPORT

2022-2023

The Placement Training conducted four sessions regarding with Mr. Threelak Karnan, an Educational Consultant and Career Coach on the following dates:

- 10<sup>th</sup> November 2022 – A talk on the topic “MOCK INTERVIEW”

Students were able to witness how a mock interview will be with the help of students as candidates. They also learnt in an interview to be specific, have flexibility to questions asked, and be prepared and focused.

- 17<sup>th</sup> October 2022 – A talk on the topic “DOTS TO LINES”

In this session students were taught how to connect feelings and emotions to actions to achieve goals by two methods:

Self-reflection method  
Balance square method

- 28<sup>th</sup> September 2022 –A talk on the topic “GROUP DISCUSSION “

By the end of the session students were able to learn the Etiquette, Benefits, Do's and Don'ts of Group discussion.

- 14<sup>th</sup> September 2022 – A talk on the topic “METHOD OF PREPARING A RESUME”

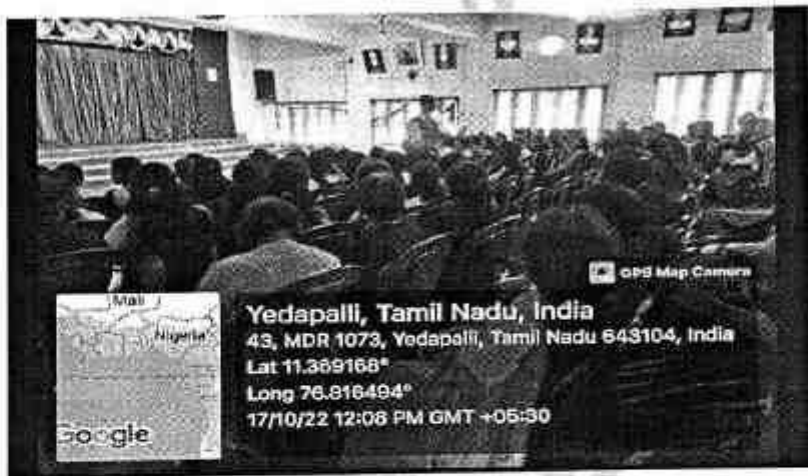
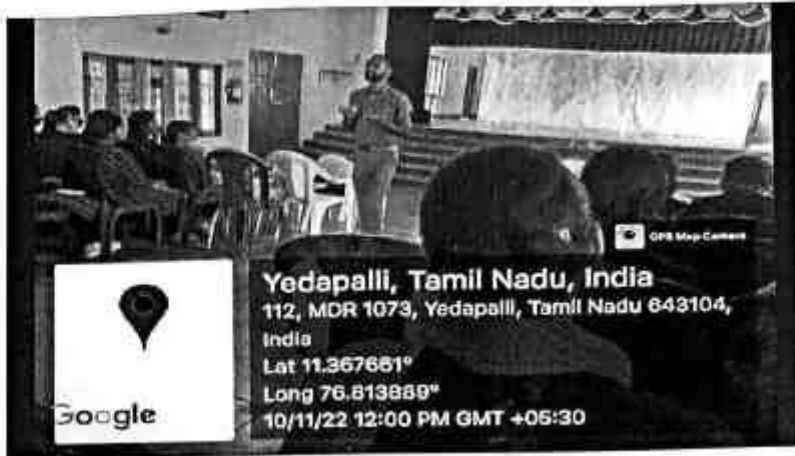
Students were taught how to build a resume which can give a quicker and better chance of being placed in any company.

- 20<sup>th</sup> February 2023 – “English Strokes “

The invited team were from English Strokes, British Council. They spoke on the necessities and importance of English which will be helpful in their work and educational career.

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## NAME LIST

<b>III B.A ECONOMICS</b>	
1	Akshitha M.
2	Anushya G.
3	Aswini S.
4	Epsiba M.
5	Gladis S.
6	Joshine S.
7	Kanishka R
8	Kiruthika K
9	Kowshika R
10	Lavanya S
11	Maheshwari C
12	Manjula S
13	Mathumitha S
14	Nandhini P
15	Padmapriya B
16	Pooja D
17	Priyadharshini K.
18	Roshini Stefina S.
19	Samithra S.
20	Sandhiya B.
21	Sandhiya C.
22	Sarala M.
23	Saranya K.
24	Shaheera B.
25	Shamini S.
26	Sharon Bellmy C.
27	Snega N.
28	Sneha P.
29	Sneha V.
30	Suja S
31	Sunitha M
32	Vasuki B
33	Velankanni Nisha T.
34	Vinitha V.
<b>III B.A. HISTORY</b>	
1	Archana Devi N
2	Bavadharani M P
3	Dhanalakshmi K.
4	Dhavamani C.

5	Divya Sin T.
6	Gomathi T.
7	Kaveri C.
8	Lavanya K.
9	Mary Jasmine A.
10	Megha M.
11	Merlin Nandhini M
12	Nagalakshmi P.
13	NaviyaN.
14	Parveen Nisha R.
15	Priyadharshini C.
16	Priyadharshini K.
17	Sangeetha S.
18	Sneha S.
19	Soniya R
20	Tharani S.

### III B.A. ENGLISH LITERATURE

1	Ashmitha R
2	Ayisha Begum A
3	Charumathi I
4	Dharshini S
5	Dheepadharshini K
6	Divya Dharshini K
7	Eleesha Majitha Joseph
8	Elizabeth T T
9	Farshana F
10	Fathima R
11	Fiza S
12	Gayathri R
13	Gayathri S
14	Grace Keerthi P
15	Indira E
16	Jamuna K
17	Jannathil Firdous M
18	Jeevitha M
19	Jenifer Shruthi R
20	Jyothipriya Simon
21	Kaalishwari B
22	Kalaivani M
23	Karunya B
24	Keerthana C

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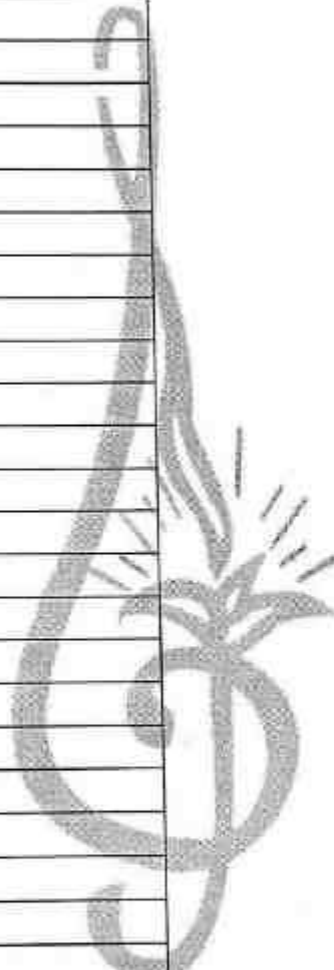
25	Kokila T
26	Lalitha M
27	Loshini K
28	Mathumitha H
29	Meera B
30	Monika B
31	Mursheda S
32	Pavithra J
33	Pooja S
34	Pradeeba S
35	Princy C
36	Priya R
37	Rithika C
38	Rithika S
39	Sabah Javid
40	Saimadhu M
41	Sakthisri R
42	Samitha D
43	Shakila D
44	Shalini R
45	Shalini V
46	Shanmigha V
47	Shanthiya S
48	Shine Neroline J
49	Sonal J S
50	Sri Vasavi
51	Sumayabanu M
52	Sushmitha R
53	Swetha B
54	Varsha G S
55	Yamuna R
56	Yoshita Majella R

**III B.Sc. MATHS**

1	Aleena Binoy
2	Aleesha K S
3	Anjali K.
4	Athmaja R
5	Catherin Pearl J
6	Dhanalakshmi R.
7	Divya K.
8	Gracelin Priyanka H

9	Kaviya K.M.
10	Keerthi C.
11	Kokila S.
12	Kokilavalli P.
13	Kowsalya A
14	Loganayagi S.
15	Pavithra M
16	Pooja R
17	Sandhia K.
18	Sharan Roshini G.
19	Sri Priya S.
20	Sumithra S.
21	Theesha Thanya R.
<b>III B.Sc. BOTANY</b>	
1	Abinaya E.
2	Deepika D.
3	Jothika M.
4	Karunya N.
5	Kavi Priya P.
6	Kaviya B.
7	Keerthana M.
8	Lakshanya Selina Immaculate B. R.
9	Merlin Jenifer A.
10	Monika N
11	Pavithra K.
12	Priyadharshini S.
13	Radhiga R.
14	Reshma P.
15	Revathy M
16	Sharon Monica R.
17	Sneha B.
18	Sowmiya A.
19	Sujitha M.
20	Thirisha M
21	Veronika Shalini A.
22	Vinothini S.
<b>III B.COM</b>	
1	Abarna A
2	Aiman Khader
3	Ajanthaa R
4	Ajitha Yasmin A
5	Angeline C
6	Anisha M

7	Anishma A
8	Anusha K
9	Archana L
10	Aruna T
11	Ayisha Begam K
12	Aysha N
13	Charunethra S
14	Deena M
15	Deepa K
16	Deeshiya M
17	Divya R
18	Evangeline Sherly J
19	Gayathri K
20	Gayathri R
21	Harshaa G M
22	Ilamadhi T
23	Janani N
24	Januthul Ferthouz A
25	Jenitha T.
26	Jenitta Peter
27	Jonna J.
28	Keerthana M.
29	Madhumitha S.
30	Madhupreetha S
31	Mecra Y
32	Miruthula K
33	Mithuna Merleshaa J W
34	Monali M
35	Mowlin Mary P
36	Nancy Jennifer S
37	Nandhini S
38	Narmathamathi G
39	Niveditha H
40	Patricia Tracy Vinoth
41	Pavithra S
42	Preethi K.
43	Priyadharshini S.
44	Priyanka K
45	Pushpalatha N
46	Rajeshwari K
47	Reshma R
48	Rezwana M S
49	Sadhana R

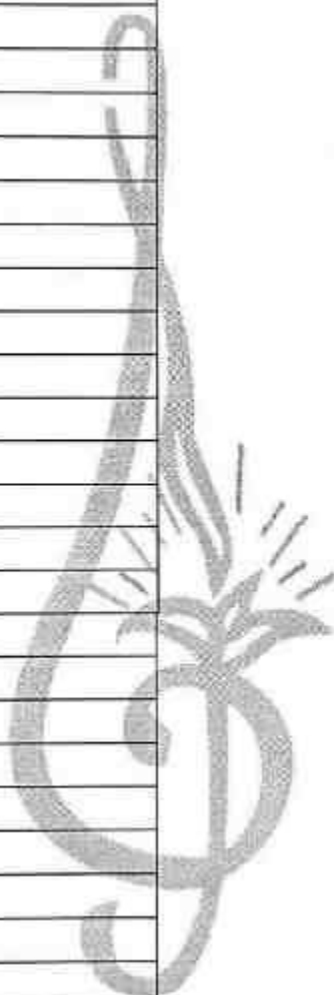


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50	Sanjuna A
51	Sasi Priya R
52	Sehar Fathima
53	Shahanaz M E
54	Shalini V
55	Sharon Jersha S
56	Sherin Petrisia E
57	Shobika B
58	Sindhuja R
59	Sneha C R
60	Sneha K H
61	Soniya G S
62	Subha S
63	Suganya C
64	Sunantha V
65	Suruthi K G
66	Suvetha C
67	Swathi S.
68	Swetha S
69	Theresa Maria A
70	Thrisha R
71	Thrisha R
72	Yasmin A


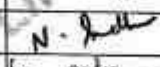
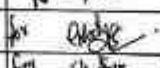
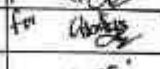
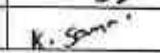
**III B.C.A.**

1	Amirthavarshini C.
2	Anisha Shree S.
3	Anupriya B
4	Anushya H
5	Ashika Rodrigues J
6	Bharani K
7	Deeksha S.
8	Deeptha B.
9	Dharshini K
10	Divya K.
11	Felcia Cathrine R
12	Gopika T
13	Janani S.
14	Jasmin A
15	Jency Sherly Margret X.
16	Karthika S.
17	Kaviya S.
18	Kiruthika S
19	Loashini B.



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20	Malliga S
21	Manjula J.
22	Monisha A.
23	Moshamirithini P.
24	Mythili K.
25	Nimmy P G
26	Nivetha J.
27	Pricilla Philomina B
28	Princy L.
29	Reshma K.
30	Rithikasree V.
31	Sabeena L.
32	Sandhiya R.
33	Sangeetha M.
34	Shaira Banu S.
35	Shalini R.
36	Shalipriya Y.
37	Shamnylenus A.
38	Sithara M.
39	Sneha R K.
40	Snehaa S.
41	Sumithra S.
42	Sunena S.
43	Theraksha S
44	Vidhya J.

Staff Handling Placement Training			
SNO	CLASS	STAFF	SIGNATURE
1	ALL III YEAR STUDENTS	DR. JOSEPHINE GLADYS (STAFF INCHARGE)	
2		DR. SUDHA	
3		DR. MAHALAKSHMI	
4		DR. SAUMYA RAJ	
5		DR. SANTHOSH KUMAR	

  
Signature of the Coordinator

  
Signature of the Principal

PRINCIPAL,  
Providence High School For Women,  
COONOUR - 643104.



## Guidance Cell

### Outcome

The Guidance Cell at Providence College for Women inspires and transforms students to learn and understand the ethical dimensions of personal and professional life. The training and counselling skills that include interviewing and case conceptualization provided by this cell throughout the year has enabled students to acquire internships and jobs and develop effective relationships.



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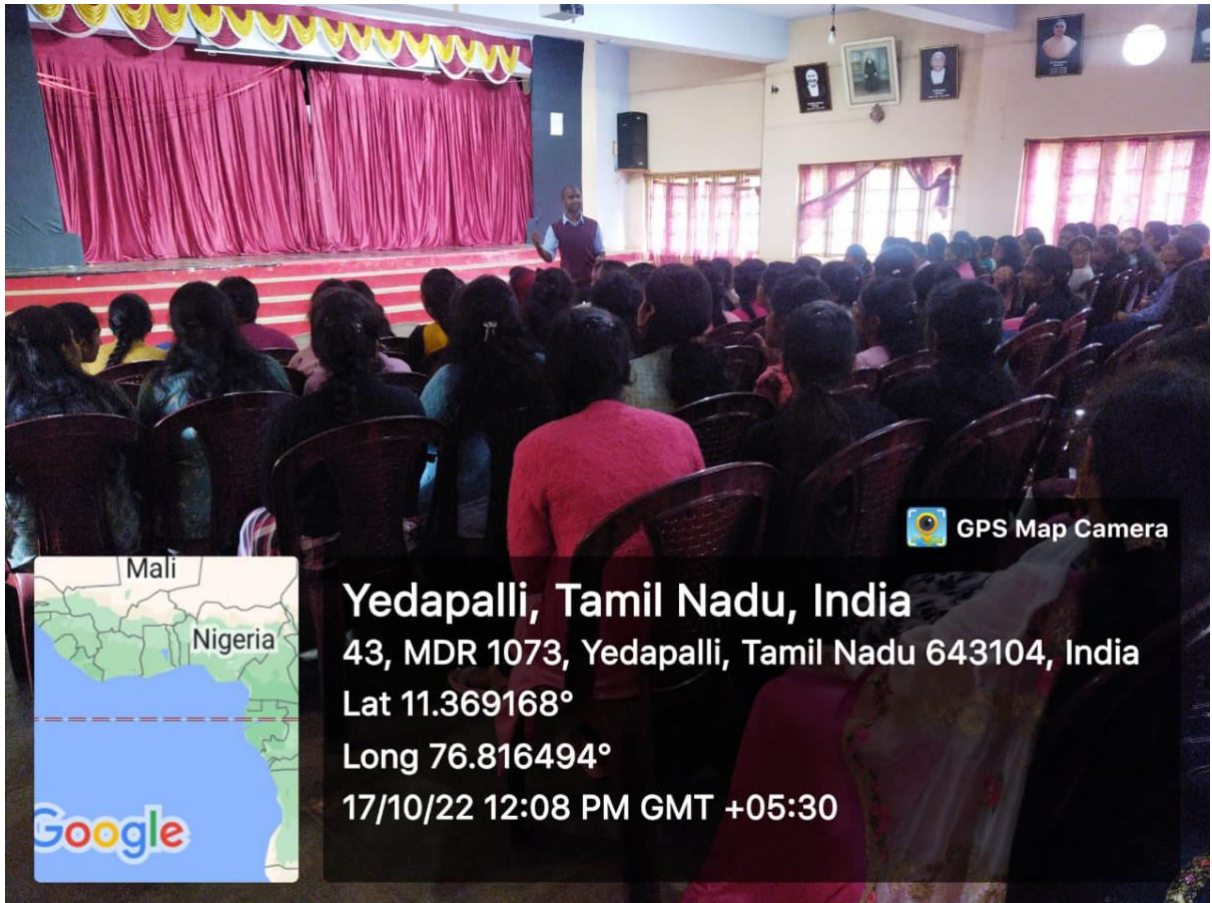
# Guidance Classes



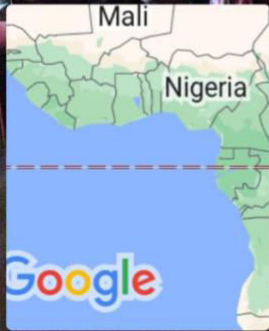


Yedapalli, Tamil Nadu, India  
32, MDR 1073, Yedapalli, Tamil Nadu 643104, India  
Lat 11.369272°  
Long 76.817069°  
17/10/22 11:58 AM

Google



GPS Map Camera



**Yedapalli, Tamil Nadu, India**

43, MDR 1073, Yedapalli, Tamil Nadu 643104, India

Lat 11.369168°

Long 76.816494°

17/10/22 12:08 PM GMT +05:30